Rice University
Lifetime Physical Activity Program
Course Outline
Introduction to Team Sports

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Course Objectives:
The purpose of this course is to provide students with opportunities to acquire knowledge and skills in a variety of team sports and in the process maintain and/or improve health-related fitness. Content will include the knowledge and application of skills, strategies, techniques, rules and safety precautions necessary to participate in specific sports.

The student will demonstrate the appropriate level competence in the following **physical and mental skills:**

- Apply skills and mental concepts required for successful play
- Demonstrate knowledge of concepts and strategies with regard to both physical and mental aspects of the selected sports
- Demonstrate an understanding of game strategies and their application in game conditions
- Use mental theory of the game to recognize completed solutions to tasks
- Demonstrate fundamental skills necessary to participate in recreational team sports
- Demonstrate knowledge of rules and safety precautions

Evaluation Procedures:
Participation/Daily Skill Grade 200 points
(Observation and documentation of correct form and execution of daily skills, objectives, and exercises)

Final Paper 50 points

Grading Scale:

Average	*Points*	*Grade*
95-100	237-250	A+
90-94	225-236	A
87-89	217-224	B+
83-86	207-216	B
80-82	200-206	B-
77-79	192-199	C+
73-76	182-191	C
70-72	175-181	C-
67-69	167-174	D+
63-66	157-166	D
60-62	150-156	D-
Below 60	149 & Below	F

ADA Statement:
This instructor, in conjunction with Rice University, is committed to upholding and maintaining all aspects of the federal Americans with Disabilities Act of 1990 (ADA) and Section 504 of the Rehabilitation Act of 1973. If you are a student with a disability and wish to request accommodation, please contact the Disability Support Services Office in the Ley Student Center. Any information regarding your disability will remain confidential. Because many accommodations require early planning, requests for accommodations should be made as early as possible. Any requests for accommodations will be reviewed in a timely manner to determine their appropriateness to this setting.

Attendance Policy:

The attendance policy for LPAP courses that meet twice a week will be as follows:
Students are expected to attend all class sessions and to actively participate while in attendance. During the course of the semester, students are allowed two "free" absences. Should a student miss an additional class(es) she/he will need to arrange to make up the missed class at a time and place that is agreed upon by both the student and the instructor. It is the responsibility of the student to initiate conversation with the instructor to discuss the make-up, and an agreement must be reached between the two within two weeks of the absence. If a student fails to make up a missed third or fourth class, his/her final grade will drop by one or two grade letters, respectively.

Please note, students will not be allowed to make up more than two classes. Five total absences, including those that were made up and no matter their circumstance, will result in a failing grade for the course.

A student is considered late if they arrive after the attendance has already been taken at the beginning of class. If a student is late three times, it will count as an unexcused absence.

Honor Code Violations:
All students are expected to uphold their pledge to the Rice Honor Code. Any student suspected of cheating on an exam or written assignment will be reported to the Chair of the Honor Council, and an investigation will ensue. Any questions that you may have about what constitutes an honor code violation in this class can be directed to the instructor.

Physical Limitations:
Please speak with your instructor if you have any physical condition that may limit your capacity to complete all of the activities of this course.

Dress and Equipment:
Students are required to dress appropriately for all class sessions. Appropriate clothes include shorts, T-shirts, tennis shoes (a.k.a. gym shoes/sneakers), or reasonable extensions of the above clothes (i.e. wind pants, sweat shirts, etc.).

All students will be required to swipe their Rice I.D. to get into the Recreation Center, so BRING YOUR RICE I.D. EVERYDAY.